

# NURSE-LED CLINICS

FREE HEALTH CARE

## Alexandra Clinics

### March/ Hui-tanguru

Wednesday 1st 11am - 3pm &  
Wednesday 15th 4:30pm - 7:30pm

### April/ Paenga-whāwhā

Wednesday 5th 11am - 3pm &  
Wednesday 19th 4:30pm - 7:30pm

### May/ Haratua

Wednesday 3rd 11am - 3pm &  
Wednesday 17th 4:30pm - 7:30pm

### June/ Pipiri

Wednesday 7th 11am - 3pm &  
Wednesday 21st 4:30pm - 7:30pm

### July/ Hōngongoi

Wednesday 5th 11am - 3pm &  
Wednesday 19th 4:30pm - 7:30pm

### August/ Here-turi-kōkā

Wednesday 2nd 11am - 3pm &  
Wednesday 16th 4:30pm - 7:30pm

### September/ Mahuru

Wednesday 6th 11am - 3pm &  
Wednesday 20th 4:30pm - 7:30pm

### October/ Whiringa-ā-nuku

Wednesday 4th 11am - 3pm &  
Wednesday 18th 4:30pm - 7:30pm

### November/ Whiringa-ā-rangi

Wednesday 1st 11am - 3pm &  
Wednesday 15th 4:30pm - 7:30pm

### December/ Hakihea

Wednesday 6th 11am - 3pm



Clinics will be held at

**Uruuruwhenua Health**  
**113 Centennial Ave**  
**Alexandra**

All clinics are FREE

Need more info?



0800 292 782



admin@awarua.nz

